

# BREAKFAST

<b>TOAST BOARD</b> ✓	60
ARTISAN TOAST BOARD   BUTTER   CHEESE & PRESERVES	
<b>EGGS ON TOAST</b> ✓	70
FRIED, SCRAMBLED OR POACHED ON ARTISAN TOAST	
<b>COOKED OATS</b> ✓	70
OATS   BERRY COMPOTE & TOASTED ALMOND FLAKES	
<b>CROISSANT BOARD</b> ✓	85
FRESHLY BAKED CROISSANT   BUTTER   CHEESE & PRESERVES	
<b>BACON &amp; EGGS</b>	95
GRILLED BACK BACON   EGGS - FRIED, SCRAMBLED OR POACHED ON ARTISAN TOAST	
<b>YOGHURT &amp; BERRIES</b> ✓	85
DOUBLE CREAM YOGHURT   FRESH BERRIES   MINT & HONEY	
<b>AVOCADO TOAST</b> ✓	110
AVOCADO   ROSSA TOMATOES   DHUKA SPICE   TOASTED BEETROOT & ONION BREAD	
<b>SAVOURY MINCE ON TOAST</b>	95
SAVOURY MINCE   1 FRIED EGG   A SLICE OF ARTISAN TOAST	
<b>CREAMED SPINACH</b> ✓	115
CREAMED SPINACH   POACHED EGGS & SAUTÉED MUSHROOMS ARTISAN TOAST	
<b>PORTOBELLINI</b>	115 / 145
SAUTÉED PORTOBELLO MUSHROOMS   BABY SPINACH   BACON POACHED EGGS   HOLLANDAISE   ARTISAN TOAST	
<b>BUSINESS BREAKFAST</b>	120
SCRAMBLED EGGS   BACON   MUSHROOMS   CHERRY TOMATOES ARTISAN TOAST	
<b>SMOKED SALMON</b>	125
SMOKED SALMON SCRAMBLED EGGS   SPRING ONION   ROCKET FENNEL CREAM CHEESE   ENGLISH MUFFIN	
<b>BANANA FRENCH TOAST</b>	125
BANANA BREAD FRENCH TOAST   CARAMELISED BACON   MAPLE SYRUP FRIED BANANA   CRÈME FRAÎCHE & TOASTED ALMONDS	
<b>CHICKEN LIVERS</b>	145
CREAMY PERI-PERI CHICKEN LIVERS   FRIED EGGS   ARTISAN TOAST	

SUBSTITUTE ARTISAN TOAST WITH BANTING TOAST OR CROISSANT 25

## 101 MEADE'S BIG BREAKFAST

BOEREWORS OR PORK SAUSAGES | FRIED EGGS | CHERRY TOMATOES | SAUTÉED MUSHROOMS | GRILLED BACK BACON | RUSTIC CHIPS | ARTISAN TOAST **175**

## OMELETTES

MEDIUM: 2 EGGS, 1 SLICE OF TOAST | LARGE: 3 EGGS, 2 SLICES OF TOAST

FETA   BABY SPINACH   CARAMELISED ONION   RED PEPPERS & MUNG BEAN SPROUTS ✓	90 / 110
SAVOURY MINCE   SMOKED CHIPOTLE RELISH   CARAMELISED ONION	95 / 130
BOEREWORS   ROAST TOMATO   CARAMELISED ONION   MOZZARELLA	100 / 135

## SCONES & CAKES

<b>SCONE</b>	60
FRESHLY BAKED SCONE   BUTTER   CHEESE   CHANTILLY CREAM & PRESERVES	
<b>CARROT CAKE</b>	80
PECAN NUT & CARROT CAKE   CREAM CHEESE FROSTING   CHANTILLY CREAM	
<b>BAKED CHEESECAKE</b>	90
BAKED CHEESECAKE WITH LEMON CURD TOPPING	

## SIDES

BUTTERED TOAST	15	½ AVOCADO	35
SINGLE EGG	15	BACK BACON	35
CHEDDAR CHEESE	20	RUSTIC CHIPS	45
SAUTÉED MUSHROOMS	35	PORK BANGERS	45
CHERRY TOMATOES	25	GRILLED BOEREWORS	45
BAKED BEANS	35		

## CHOCOLATE DRINKS

YOUR CHOICE OF DARK OR WHITE MELTED CHOCOLATE

CLASSIC HOT MELTED CHOCOLATE CUP	45
MELTED CHOCOLATE   CHILLI   CINNAMON SPICE	45
MELTED CHOCOLATE   SINGLE SHOT ESPRESSO	45
MILO	45
MELTED CHOCOLATE, MARSHMALLOWS   TOASTED NUTS	55
SUBSTITUTE FULL CREAM MILK FOR ALMOND MILK	12

## SPICED TEA DRINKS

RED CHAI LATTE	48 / 55
RED CAPPUCINO	52 / 55
CHAI LATTE	52
CHOCOLATE CHAI LATTE	55
SUBSTITUTE FULL CREAM MILK FOR ALMOND MILK	12

## GOURMET MILKSHAKES

WE TRY TO MAKE ALL OF OUR MILKSHAKES BY USING AS LITTLE SWEETENED SYRUPS AS WE POSSIBLY CAN - PLEASE BE PATIENT WHILE YOUR MILKSHAKES ARE BEING PREPARED AS THEY REQUIRE EXTRA LOVE AND ATTENTION.

COFFEE	75	VANILLA	75
SALTED CARAMEL	75	CHOCOLATE	75
TURKISH DELIGHT	75	MIXED BERRY	75

## SMOOTHIES

PINEAPPLE   BLUEBERRIES   BANANA   CHIA SEEDS   ALMOND MILK ✓	90
PEANUT BUTTER   COCOA POWDER   BANANA   ALMOND MILK DOUBLE CREAM YOGURT	90
BANANA   CHAI POWDER   ROLLED OATS   ALMOND MILK	90

# COFFEE

OUR COFFEE BEANS ARE SUPPLIED BY ROOT COFFEE ROASTERS, A MICRO ROASTERY BASED IN GEORGE. WE USE A SPECIAL BEAN CALLED TOLIMA|DOLORES - PEACE COFFEE FROM COLOMBIA, SOUTH AMERICA

TASTING NOTES: ROUND BODIED, NUTTY & SPICY WITH SLIGHT HINTS OF CACAO & ORANGE

BABYCHINO (STEAMED MILK TOPPED WITH A HINT OF CHOCOLATE & MINI MARSHMALLOWS)	25
SINGLE ESPRESSO	35 / 40
AMERICANO	40 / 45
AMERICANO DECAF	40 / 45
CAPPUCCINO	45 / 55
CAPPUCCINO DECAF	45 / 55
CAFE LATTÉ	45
FLAT WHITE (DOUBLE SHOT)	52 / 55
AFFOGATO (ESPRESSO TOPPED WITH A SCOOP OF VANILLA ICE CREAM)	60
ICED COFFEE (ESPRESSO, CONDENSED MILK, CHOCOLATE, FULL CREAM MILK)	75
SUBSTITUTE FULL CREAM MILK FOR ALMOND MILK	12

# ENMASSE TEA

35

THEIR AIM IS TO ELEVATE THE ART OF DAILY TEA DRINKING. THE RESULT IS A RANGE OF LOOSE LEAF TEAS THAT CARRY NO BAGGAGE & NO PRETENCES. THEY REGARD TRADITION & HEALTHY LIVING BUT A STRONGER REGARD FOR QUALITY TEA DRINKING

## CONNOISSEUR

FOR THE DISCERNING ROOIBOS DRINKER. THESE EXTRA LONG ORGANIC ROOIBOS NEEDLES PRODUCE A TRULY MAGICAL FLAVOUR. CAFFEINE FREE

## BLACK BREAKFAST

THIS MEDIUM BODIED BLACK TEA HAS A UNIQUELY FULL AROMA & CAN BE SERVED THROUGHOUT THE DAY. CONTAINS CAFFEINE

## EARL GREY

RESPECT RETURNS TO THE GREY LINEAGE WITH THIS PUNCHY YET DELICATE AROMATIC BERGAMOT & BLACK TEA BLEND. BLENDS WELL WITH MILK, CONTAINS CAFFEINE

## HOT CROSS BUN CHAI

A WARM, FULL BODIED SPICED CHAI. CAFFEINE FREE

## DEVIL'S ADVOCATE

A CURIOUSLY STRONG, FULL BODIED GINGER & CHILLI INFUSION TO KEEP YOU AND YOUR IMMUNE SYSTEM HONEST. CAFFEINE FREE

## GREEN CAIPIRINHA

AN EXOTIC BLEND OF CITRUS FLAVOURS WITH A GREEN ROOIBOS BASE. CAFFEINE FREE

## FRESHLY BREWED

# HOMEMADE ICE TEA

500ML SERVING

MINTY FRESH	50
EARL GREY & LEMON	50
REDBUSH & ORANGE	50
CHILLI GINGER SNAPS	50

# SOFT DRINKS

PASSION FRUIT | LIME | COLA TONIC

18

STILL 250ML | SPARKLING 250ML

32

STILL 750ML | SPARKLING 750 ML

58

SODA WATER | LEMONADE | INDIAN TONIC | PINK TONIC  
GINGER ALE | BITTER LEMON | GRAPEFRUIT TONIC | SUGAR FREE TONIC

30

COKE | COKE ZERO | COKE LIGHT | SPRITE | SPRITE ZERO | CREAM SODA

39

APPLETIZER | GRAPETIZER

49

# FRUIT JUICES

OUR FRUIT JUICES MAY VARY DUE TO AVAILABILITY. PLEASE ASK YOUR WAIT-RON WHAT JUICES ARE AVAILABLE.

ORANGE | MANGO | MIXED BERRY | PINEAPPLE

45

HOMEMADE LEMONADE WITH FRESH MINT

38

TOMATO COCKTAIL

40

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